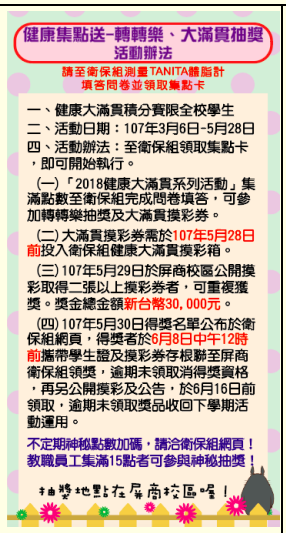
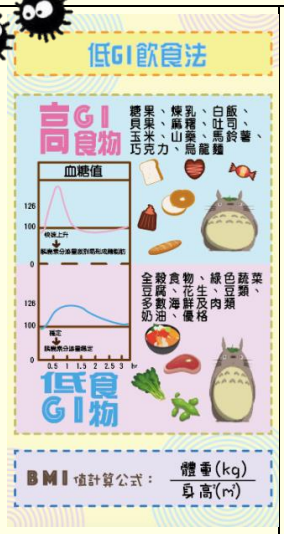
請點選圖片下方連結網址觀看詳細活動資訊

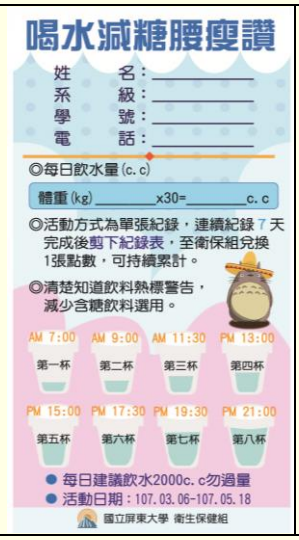


[2018 健康大滿貫系列活動說明]

[健康集點送 活動辦法]

[2018 健康大滿貫系列活動一覽表]



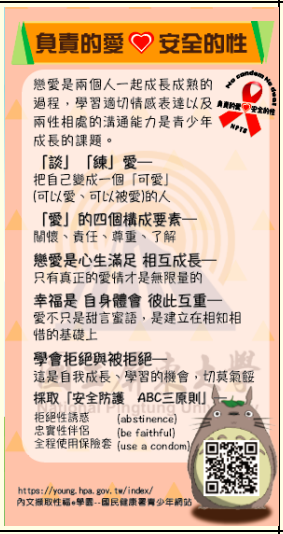


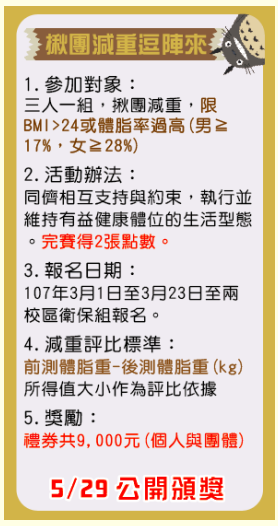
[低 GI 飲食法]

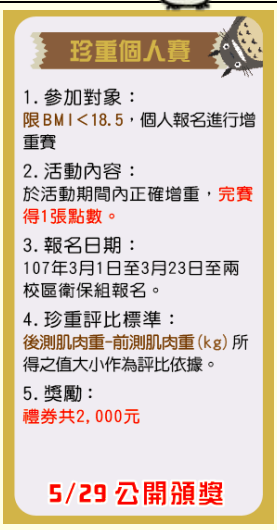
[愛健康 齊步 GO]

[呷健康 好便當]

[喝水減糖腰瘦讚]







[原來我們喝了這麼多糖]

[健走 APP 萬步集點送]

[負責的愛安全的性]

[揪團減重逗陣來]

[珍重個人賽]